



Manna

970-385-5095

Physical address: 1100 Avenida del Sol, Durango, Colorado 81301

Mailing Address: PO Box 1196, Durango, Colorado 81302

### **Manna Meal Times:**

#### **Monday, Tuesday, Thursday and Friday**

Open 7:00 am – 12:30 pm

Breakfast @ 7-10am

Hot Lunch @ 11:30am-12:15pm

Sack Lunches available upon request.

#### **Wednesday**

Open 4:30 pm – 6:00 pm

Dinner @ 5-6pm

Sack Lunches available upon request.

#### **Saturday and Sunday**

Open 7:00 am – 10:30 am

Brunch 9:30-10:15 am

Sack Lunches available upon request.

**Emergency Food Boxes, Showers and Laundry Service available  
7 days a week during business hours.**

**Additional Services: Tuesday & Thursday from 8:15 am to 11 am.  
Wednesdays 4:30 pm to 5:30 pm.**

- Bus tokens
- Thrift Store Vouchers
- Food Bank Referrals
- Assistance in obtaining identification cards.
- Assistance in filling prescriptions.
- SNAP Application Assistance and Outreach.

**Friday Listening Sessions (10am-11am)** are welcome to all in the Manna community. Here, we share struggles and celebrations, hold each other with care, and build a supportive network for practicing tools of listening, free of judgment or solutions. The focus of these listening sessions is for clients to become clearer on what core needs are important to them (such as, belonging, safety, dignity, choice), so that a destination is named towards which they can begin to walk with community support.