

Link to video:

<https://www.youtube.com/watch?v=yneewGDGaiQ&t=5s>

Reflection of video:

This video was made from some of the footage I took during my time with a family in the Orinoco community. The grandmother, Alejandrina Lopez, cooked a huge meal for Marco and myself. As she worked, she explained how important her role is in her house. She raised 9 children and now helps her daughter raise her children because she works in a different community. She makes all the food, does all the chores, and bakes cakes and bread to sell to earn a living. Although machismo was very much alive in Orinoco, I was happy to see her pride in being such an amazing caretaker. The role of the mother in this community is honored and respected from what I experienced.

I filmed a bit of the interview because I wanted to make a short video of what she said. I tried to include the parts that stood out the most to me, editing them to have minimal dogs barking in the background. I found it interesting that she had a different view of the government than most of the people in her community. She receives a little food and money every month because her son died in the war against the contras. As you can see in the video, she kept repeating the theme that people need to be able to work and help themselves. Although many people want the government to help them financially, she said it would be more beneficial for them to donate plants and other sustainable items. There is such an importance in knowing that your hard work is paying off and is supporting you. I do not know if she knows the metaphor, but what she kept saying sounded like the give a man a fish, feed him for a day, teach a man to fish, feed him for life, mentality. I hope that this video shows her strength in this conviction. To me, it is an important one to have. I put

the “I am satisfied with how I am living” quote at both the beginning and the end because it frames the video nicely. She is happy with the way things are and proud of all the years of work she has done to support a large family.